## TIGER EYE YELLOW

Yellow Tiger's Eye is a **fortune of prosperity and prosperous power stone**. "Yellow Tiger Eye" boasts a high popularity as a stone that enhances the fortune and work luck and supports the achievement of aspirations. It has been popular as an "eye to see everything" because the stripes on the surface look like tiger eyes. It balances the Solar Plexus, Heart, and Third Eye chakras. It also stimulates psychic abilities and attunes one with higher energies. Tiger's eye is composed chiefly of silicon dioxide (SiO<sub>2</sub>) and is coloured mainly by iron oxide. The specific gravity ranges from 2.64 to 2.71

## **Healing Properties:**

- 1. Tiger's Eye can help transform toxic feelings into more positive ones. It may assist you in changing your perspective to view obstacles as challenges rather than setbacks. This gemstone will empower you to move past fear and build up your courage.
- 2. It is believed that the Tigers Eye's vigour helps its bearer to break free from the latches of sorrow and resentment and eventually pushes you to positivity. It is also very effective for those who feel like they are going nowhere.
- 3. **A significant increase in metabolism:** The Tigers Eye is believed to help maintain the proper flow of metabolism to its bearer's body, helping preserve weight.
- 4. **Energy arousal:** If you feel light and weak, then the Tigers Eye stone can help. It releases vital and positive energy that can get anyone on their feet.
- 5. **Smoother sex drive:** Now, this is where things get interesting. The Tigers Eye not only emits positivity or provides a better flow for your body, but it also helps its bearer gains a heightened sex drive. So if you're having issues with your partner, better get yourself a Tigers Eye!
- 6. **Promotes hormonal balance:** The Tigers Eye is effective for people who have been experiencing symptoms of hormonal imbalances such as weight gain, fatigue, muscle pain, and many more.
- 7. Moreover, the Tigers Eye represents the sun's rays as it emits a magical wave to its bearer, helping lessen stress and depression.





# **BLUE TIGER EYE**

Blue Tigers Eye usually comes in mid to dark blue colours bearing grey or greenish bands. It's a highly reflective and chatoyant stone, and its silky appearance enhances the stone's beauty. Blue Tigers Eye is also known as Hawk's Eye The gemstone is vigilant and can help the wearer achieve a new level of sharpness, encourage the wearer to utilize their powers in a more efficient manner Tiger's eye is composed chiefly of silicon dioxide (SiO<sub>2</sub>) and is coloured mainly by iron oxide. The specific gravity ranges from 2.64 to 2.71

## **Healing Properties:**

- Blue Tiger Eye is calming and releases stress. It aids the quick-tempered, overanxious and phobic. Slows the metabolism, cools an overactive sex drive and dissolves sexual frustrations.
- 2. Encourages one towards practical and physical action
- 3. Lends vitality to the demands of physical life.
- 4. Aids in seeing both sides of the situation.
- 5. Enhances strength and creativity.
- 6. Promotes inner calmness and centeredness in the face of difficulties and challenges.
- 7. Assists one if finding equilibrium in the mental and emotional states.
- 8. Assists in treating the eyes.
- 9. Creates awareness
- 10. Promotes wealth
- 11. Minimizes stress
- 12. Enhances confidence
- 13. Brings good luck





## **AVENTURINE GREEN STONE**

Green Aventurine is known as the "Stone of Opportunity," thought to be the luckiest of all crystals, especially in manifesting prosperity and wealth, or for increasing favour in competitions or games of chance. It increases overall vitality and enhances the intellectual development of children struggling with schoolwork and destructive hyperactivity. It is mostly translucent and often banded, but an overabundance of an included mineral may render it opaque.

# **Healing Properties:**

- 1. Aventurine is, primarily, the stone of prosperity. This powerful crystal will not simply attract abundance into your life if you are passive in the process. Rather, it inspires you to foster desirable qualities and to do the inner work that is required to embody your best self the self that is capable and worthy of living a prosperous life.
- 2. Aventurine stone is known to promote the healthy functioning of the thymus gland while also supporting the nervous system.
- 3. Green Aventurine soothes emotional wounds and allows us to recognize the issues behind illness or imbalance, depression or defeat, and to facilitate the release of unhealthy relationships, patterns, and heartache.
- 4. Green Aventurine's soothing energy balances the emotional body to guide us toward inner harmony. It calms nervousness, anger, and irritation, and helps dissolve the everyday stress of a hectic lifestyle.
- 5. It enhances creativity and motivation and encourages perseverance in manoeuvring life's obstacles. It reinforces decisiveness, amplifies leadership qualities, and injects a sense of humour and openness to the ideas of other.





## **AVENTURINE YELLOW**

The yellow Aventurine is a greatly distinctive gem that has powerful properties that may change your whole life in a very mysterious way. The stone also represents prosperity, balance, creativity, optimism, calmness, and self-reflection. Yellow Aventurine is a silicon dioxide mineral and member of the **Quartz** family. It can be found in a variety of yellow hues and gets its colour from tiny inclusions of Mica or **Muscovite**. It is often associated or linked with the solar plexus chakra. The stone may be essential if you are suffering from daily migraine and headache. Further, if you have any kind of allergies, you're really disturbed by it, you can use this stone to assist you in treating them.

- 1. Yellow Aventurine is to attract real and worthwhile friends.
- 2. Yellow Aventurine is used to balance your polar energies such as male-female, good-evil, young-old, etc.
- 3. This crystal is also used for promoting feelings of wellbeing and joy.
- 4. Yellow Aventurine has the ability to let you enjoy the present in a carefree manner and be optimistic about the future.
- 5. This stone is your chance to get rid of your stammer and speak fluently and confidently.
- 6. If you feel like you are stuck in a labyrinth with no way out, use Yellow Aventurine to see new possibilities and beneficial alternatives.
- 7. This stone helps to aid you in focusing your attention on issues which are actually worth your efforts and thoughts.
- 8. If you belong to a creative line of work, this is the perfect stone for you as it boosts creativity and inspires you with novel ideas.
- 9. Yellow Aventurine will also enable your mind to think more analytically and make smarter decisions.





### **BLACK OBSIDIAN**

The black obsidian crystal is a beautiful and powerful natural stone. It is formed by fast cooling volcanic lava. Black obsidian combines the elements of Fire, Water, and Earth. This makes it one of the more intense healing crystals. It is a powerful protection stone that helps cleanse and clear negative energy. It can also be used for spiritual grounding, making it an ideal choice for those seeking to connect with their higher selves. Black Obsidian is known to aid in detoxification of the mind, body, and spirit and can help to release fears and patterns that no longer serve you.

#### **HEALING PROPERTIES:-**

## 1. Protect Against Negative Energy

Black obsidian is often used for protection against negative energy. It is said to shield against psychic attacks, negative thoughts, and energy. The strong psychic protection stone, Black Obsidian, dissolves emotional blockages and absorbs negative energies.

## 2. Cleanse the Aura of Psychic Smog

Psychic smog refers to the accumulation of negative thoughts and energy in our aura. It can make you feel sluggish, bogged down, and stressed. Black obsidian is a powerful cleanser of the aura, helping to clear away psychic smog and restore balance and peace.

### 3. Spiritual Growth

Black obsidian is known for its ability to promote spiritual growth. It can help to access higher realms of consciousness and connect with our inner wisdom. It is also said to be a powerful tool for self-reflection, allowing you to see yourself more clearly and honestly.

### 4. Psychic Awareness

Black obsidian is said to enhance psychic awareness. It can help to attune to our intuition and develop our psychic abilities. It is also said to be helpful in understanding and interpreting messages from the higher realms.

### 5. Promote Emotional Healing

Black obsidian is known for its ability to promote emotional healing. It can help release negative emotions such as anger, fear, and resentment. It is also said to help deal with grief and loss.





### **CLEAR QUARTZ**

Clear Quartz crystal is considered to be one of the best healing crystals and may be used for treating many conditions. Pure Quartz crystal is commonly known as "Rock Crystal" and it is an actually colourless gemstone. Impurities that are found inside its crystal structure are mainly responsible for its unbelievable range of colours.

- 1. Amplifies energy: Clear quartz is known for its ability to amplify energy, making it a great tool for healing treatments and manifestation.
- 2. Promotes clarity of thought: As a stone connected with the crown chakra, clear quartz can help promote mental clarity.
- 3. Purify negativity: This stone is also known for its clearing powers that purify negative energy around you.
- 4. Boosts the immune system: Clear quartz is said to be able to boost the immune system by clearing toxins in the body.
- 5. Encourage spiritual growth: Its crown chakra connections also allow you to tap the highest levels of your consciousness.





### **FIRE QUARTZ**

Fire Quartz is a beautiful crystal filled with eye-catching inclusions. Like other forms of Quartz, it has a translucent finish and a glass-like sheen when polished. The main Fire Quartz meaning is a representation of the fire that lives inside all of us. It's a powerful stone that can reignite the embers you need to keep going.

Fire Quartz is the name given to Quartz crystals included with Hematite. The colour can range from light pink to a very dark rust depending on the amount of iron in the deposits.

- 1. Fire Quartz is one of the most powerful energy stones available. Its energy is associated with the root chakra and sacral chakra. It enhances personal power and self-confidence, and brings completeness to one's life.
- Fire Quartz is also known for its ability to stimulate personal expressiveness. Fire Quartz is a grounding stone. Its energy encourages one to stay grounded and to cultivate a sense of groundedness.
- 3. Fire Quartz is a stone of protection, bringing one into alignment with the higher self and repelling negative energies that might otherwise drain life force.
- 4. Fire Quartz is also an energy cleanser, removing old, stagnant energies from the body, and clearing away mental fog. Fire Quartz helps one stand up for one's beliefs. It encourages one to take action when one wishes.
- 5. Fire Quartz is an excellent stone to use in meditation. It stimulates energy flow, helping one access inner wisdom and intuition.
- 6. Fire Quartz is one of the most powerful energy stones available. Its energy is associated with the root chakra and sacral chakra. Fire Quartz is a stone of transformation, and it can help one face change and transformation with equanimity.





### **GARNET**

Garnet is a bright red, fiery crystal of passion and is thought to be one of the oldest crystals used for spiritual protection throughout history. It is the embodiment of the energies of fire, passion, creativity, and strength. Garnet is the name used for a large group of rock-forming minerals. These minerals share a common crystal structure and a generalized chemical composition of  $X_3Y_2(SiO_4)_3$ 

**HEALING PROPERTIES:-**

# **Feelings and Emotional Healing**

Garnet is dubbed as the stone of dedication - which is highly beneficial in fostering your emotions. Garnet gives its bearer an immense emotional boost. This gemstone is effective for people that need to develop self-confidence. Garnet also grants its bearer a better understanding of how other people react.

### Mind

Garnet is also known as a mental stone. Whatever the mind does, Garnet can instantly turn negative thoughts into positive ones. The massive energy that Garnet emits transforms its bearer's mind into something bigger and better than what it was.

# **Body**

Garnet boosts the sexual intimacy of its bearer.it grants its bearer endurance and stamina.

The incredible heat energy that comes from Garnet is enough to release the toxins from your body. Also, its red luster represents the blood. It ensures stable blood pressure and flow. Not just that, it also keeps your heartbeat at a proper pace. Your metabolism will also benefit from the therapeutic effects of Garnet.

Vitamins and minerals wise, Garnet is a rich stone. It helps its bearer acquire all the essential nutrients that the body needs.

# **Spirit**

Garnet also wards off bad spirits and evil entities. The red brilliance that glows like the sun prevents any hostile forces from penetrating the soul of its bearer. Even in the early times, Garnet has been used as a universal spirit guide.

# **Wearing Garnet**

People have worn Garnet since the early times. In 3000 BC, Garnet fragments were cut and formed into beads and tumbles. No wonder why there have been many records, illustrations, and accounts of ancient civilizations, wealthy or not, who wore Garnet in different ways.





### CALCITE

Calcite is a spiritual crystal linked to higher consciousness. Calcite mineral forms rocks and has the chemical formula CaCO3. It is widespread and can be found in sedimentary, metamorphic, and igneous rocks all over the world. These crystals are often soft and shiny. They can be opaque or transparent and usually have a band of mixed colours.

**HEALING PROPERTIES:-**

### **Physical Healing**

Calcite detoxifies and cleanses when it comes to the physical body and maintaining optimal health. It aids in keeping the organs free from unwanted toxins and aids them to function smoothly.

### **Emotional Healing**

The gleaming Calcite stone is all about developing your emotional intelligence. **It helps you to hone your ability to sort through your highs and lows.** Calcite also assists you to deeply understand your feelings without being stuck in a particular way of thinking.

# **Mental Healing**

Calcite calms the mind, improves memory, and stimulates new insights into current circumstances on a mental level. The calcite crystal is an excellent stone to have on hand when learning something new because it lets you put your thoughts into action.

### **Manifesting Prosperity**

Calcite is a mineral that represents purity. When you're looking for a significant improvement in your life or need to make a fresh start, this is the crystal to have with you. Calcite crystals will help you to ground, focus, and find inner peace.





# **ROSE QUARTZ**

Rose quartz is believed to have mystical powers of healing, blocking, negativity, relationships and purifying. The earliest known use of rose quartz was documented in the Roman and Assyrian empires. Rose quartz is a stone of pure love. Rose quartz is the name used for pink specimens of the mineral quartz. The pink colour of rose quartz ranges from a very light, almost imperceptible pink, to a rich translucent pink. Its Chemical Composition is (SiO2) Silicon Dioxide with iron and titanium inclusions

- Strengthening love or romantic relationship.
- Awakening sensual creativity and tender fantasies are well known rose quartz powers. It is an aphrodisiac that encourages passion and intimacy between you and your partners
- The emotional healing powers of rose quartz give lasting positive results as it empties suppressed negative emotions.
- Powers of rose quartz in the workplace can be sensed as it controls disagreements and personal conflicts.
- The pink crystal works wonders in your sleep as it does not only give you a sound sleep but blocks nightmares and gives happy dreams.





### **SMOKED QUARTZ**

This powerful stone is a super-charged variation of the extensive Quartz group of crystals, but with a distinctive twist. It gets its wispy hints of brown from exposure to natural underground radiation from granite deposits, giving regular Quartz an added punch of celestial vibrations. Smoky quartz is a variety of **microcrystalline quartz**, which owes its colour (all tones of brown) to the natural irradiation or caused by the aluminium salts it contains. It belongs to the group of oxides: it is a silicon dioxide and its formula is SiO2. Smoky quartz is transparent to translucent, rarely opaque, and its luster is glassy.

**HEALING PROPERTIES:-**

# Feeling and Emotional Healing

Smoky Quartz benefits its bearer as it drives the heart and to do what is right. During the ancient times, people used Smoky Quartz to lessen whatever heavy burden they had – especially emotional baggage. Believers love Smoky Quartz because it frees its bearer from any emotional conflict. Smoky Quartz may look dim but it actually sheds light onto its bearer's life

### Mind

The mind benefits from Smoky Quartz when it comes to resolve. When the mind cannot contemplate what to do, the stone allows it to clear its intentions and go beyond what it can manage. Smoky Quartz also brings enlightenment for the confused. Most of the time, the mind cannot decide between several things – especially if all of them make sense. The soothing effect of the stone emancipates the mind from whatever earthly desire it is latched on.

# **Body**

This unique aspect of the Smoky Quartz crystal protects the body from any harmful influence of radiation. Nowadays, some of the technological advances we are enjoying bring forth hazardous radiation that ruins our body. Smoky Quartz negates just that. If you have an extreme headache, a Smoky Quartz can be a huge source of relief. Hold the stone and put it against the part of the head that is most painful. Other physical therapeutic powers of Smoky Quartz include relief from pain experienced on the muscles, back, legs, hips, and other parts of the body.

# **Spirit**

In contrast to its colour, Smoky Quartz releases an immense amount of light energy to its bearer. This energy protects the soul from the destructive influence of outside forces. Smoky Quartz was used by early civilizations as a guide to the underworld. Presently, it is a reliable communication instrument to the other side. If you want to contact the spirit of someone you love, a Smoky Quartz can strengthen the connection that links our world to theirs.





# **AMAZONITE**

Amazonite is used to treat fatigue, trauma or anything else that may take energy away from a person it has a gentle hill qualities that is useful to nearly everyone in a general manner. Amazonite, also known as Amazonstone, is a green tectosilicate mineral, a variety of the potassium feldspar called microcline. Its chemical formula is KAISi3O8, which is polymorphic to orthoclase.

**HEALING PROPERTIES:-**

## Heals thyroid issues

Thyroid-related issues might be controlled by Amazonite's tranquil energies. Amazonite can efficiently aid the body in better absorbing calcium for individuals who battle with a calcium shortage, restoring your bones' dreamlike vitality. Right calcium balance in the body is essential not only for the bones but also for the hair.

### Aids in cell regeneration

Apart from being an exceptional mood booster, Amazonite is an ideal stone that helps with cell regeneration. For people who battle with skin problems, acne or scars, Amazonite may help restore a flush of clean and bright healthy skin. Rubbing the cold touch of Amazonite over a rash can also help keep it clear and comforted.

### Soothes restless contemplation and heals past traumas

Amazonite may be the most incredible gemstone for tying together all those frayed emotional strands if you have a restless mind. Amazonite excels in calming nervous attitudes and self-destructive ideas. The crystal encourages you to always put yourself first by actively working to break bad self-neglecting patterns. It's also a wonderful stone to have on hand if you need to pick yourself up by your bootstraps when it comes to your self-esteem.





# **AMETHYST**

Amethyst is a variety of silicon quartz, characterized by its unique purple hue. Amethyst is one of the most well-known semi-precious gems in the world, favoured by lapidaries for its soft vibrant colour, natural abundance, and relatively high durability.

Amethyst has also played a role in a number of cultures through history, often being used for decorative, religious, and medicinal purposes. Amethyst is the **birthstone** of February and an important New Age gem.

- It helps in enhancing the immune system
- It helps in improving endocrine function
- It helps in improving the skin's appearance
- It helps in promoting digestive health
- It helps in reducing headaches
- It helps in regulating hormones





## **SODALITE**

It is a deep blue mineral that is cut and carved as statues, pyramids, and obelisks. It does not carry the hardness of rock gemstones, but it is a masterpiece for making classy jewellery. It's a staple in the crystal healing community. Sodalite is one of the densest and most grounded of the dark blue stones and is superb for meditation and deep journeying. It is rich royal blue widely used as an ornamental gemstone. Chemical formula is Na8 (Al6Si6O24) Cl2. Specimens can be blue, grey, pink, colourless, or other pale shades.

#### **HEALING PROPERTIES:-**

## **Feelings and Emotional Healing**

It brings emotional balance and calms panic attacks along with rational thought, objectivity, intuition, truth, and enhances self- esteem, self - trust, and self - acceptance. This is why sodalite is called Thinker's stone because of its deep connection to great thinkers. It has the power to create profound thoughts in whoever owns this crystal. The deep blue and indigo colors of Sodalite represent honesty, logic, respect, and balancing thoughts. It gives the wearer integrity to his/her emotions and expresses the truth.

### Mind

For mind, consciousness, creativity, analysis, observation, and intuition, sodalite can handle such needs. That's why this crystal is called a Logic stone because of its ability to empower the mind and balancing thoughts. It's your guide if you want go deep inside and discover your way out of negativity. Sodalite healing crystals can break all the walls from distracting the mind.

#### **Body**

Sodalite healing properties can purify the organs and make them more efficient and work to their fullest position. It helps boost your immune system and protects you from common sickness. If you are experiencing constipation, this stone is a helpful companion for good digestion and lowers high blood pressure.

#### **Spirit**

It can balance and improve divination and psychic abilities. There will be an increase to your visions, clearing the paths of your journeying, and increased awareness. Any negative illusions will be removed from your thoughts. This can be a tool to help you meditate and speak out the truth. Sodalite is excellent in assisting astrologers, tarot readers, numerologists, and other oracles. This is an effective guide for inner travels through meditation and dream work. It can provide an access to the sacred laws of the universe.





# **WHITE AGATE**

White agate is a stone of balance and release. It has a milky white colour with darker streaks, which makes it stand out as one of the most popular types of agates. It's also called "white moss" because it resembles the pattern found on moss-covered rocks. White Agate is an interesting stone that comes with milky white colour and patterns or bands White Agate is a chalcedony, stone that comes with inclusions and find banding that shows different layers of opacity and translucency.

- 1. It helps you **remove the past and move forward into the future**, making it easier to change your life.
- 2. It also allows you to feel more secure about yourself, which can help **reduce** stress in relationships or work situations causing anxiety.
- 3. Many cultures have considered it a **stone of balance** because it brings together two opposing energies within us and between people or groups.
- 4. You can use this to help bring harmony into your life when conflicts are within yourself or with others around you.
- 5. This will **reduce anxiety and anger** while helping you think clearly about how best to resolve any tension between people involved (and find ways for everyone involved to win).
- 6. It is also known for enhancing love: if you have been struggling with relationships recently, this may be just what you need!
- 7. They can replenish your energy levels.





# **BLACK AGATE**

Black Agate stone is associated with grounding effects and protection just like the most black gemstones. Black Agate comes with recognizable banding patterns and layers that are main charismatic of all agate gemstones. Colour of the layers inside the stone is most of the time combination of black and dark grey or black and dark brown colour. Stones that come with white layers are known as "Black Onyx" while stones with no layers are called "Black Chalcedony "Black Agate is a beautiful stone with an understated appearance that many love

- 1. Black agate uses its calming energy to keep stress to a minimum. In chaotic households, black agate helps keep the peace, dulling the negative energy and increasing the positive.
- 2. It helps organize the mayhem that can explode in one's mind. Disorganized thoughts will be a thing of the past after a while working with black agate. It removes the energy associated with the cause of stress and replaces it with peaceful vibes.
- 3. Black agate is an awesome stone for those in need of motivation to pursue their goals.
- 4. With work, intentions, and focus, black agate helps you gain the self-belief needed to propel you into your chosen future. It supports you in reaching your potential and empowers you to become who you've always wanted to be.
- 5. It aims to harmonize the energy in the local environment, allowing positive energy to thrive while removing the threat of negative energy. It's said to bring clarity, control, and concentration to all scenarios.





# **GOLDEN AGATE**

Golden Agate is pale to a dark vibrant yellow variety of Agate. It gives courage, vitality, joy and raises self-esteem recognizable banding patterns and layers that are main charismatic of all agate gemstones. Each stone piece used to make this product is one-of-kind

- 1. It helps you **remove the past and move forward into the future**, making it easier to change your life.
- 2. It also allows you to feel more secure about yourself, which can help **reduce** stress in relationships or work situations causing anxiety.
- 3. Many cultures have considered it a **stone of balance** because it brings together two opposing energies within us and between people or groups.
- 4. You can use this to help bring harmony into your life when conflicts are within yourself or with others around you.
- 5. This will **reduce anxiety and anger** while helping you think clearly about how best to resolve any tension between people involved (and find ways for everyone involved to win).
- 6. It is also known for enhancing love: if you have been struggling with relationships recently, this may be just what you need!
- 7. They can replenish your energy levels.





#### **PYRITE**

**Pyrite** is a brass-yellow mineral with a bright metallic lustre. It has a chemical composition of iron sulphide (FeS<sub>2</sub>) and is the most common sulphide mineral. It forms at high and low temperatures and occurs, usually in small quantities, Pyrite is often called "Fool's Gold," though there is nothing foolish about this mineral. Within its gleaming beauty is a stone of hidden fire, one that can be sparked to life by striking it against metal or stone. An Earth element, it also resonates with Fire energy, symbolizing the warmth and lasting presence of the sun and the ability to generate wealth by one's own power.

### **HEALING PROPERTIES:-**

## **Emotional Protection**

Pyrite has extremely powerful emotional protective qualities. It can help to ward off any negative, manipulative or threatening behaviour that others may try to bring to your personal space It will also protect you from controlling behaviour and teach you how to shift the balance of power to a healthier state without feeling upset or angry.

### **Self-Worth**

Pyrite can be a great stone to use when dealing with a lack of self-confidence and low self-esteem. Its incredibly positive energy can help heal a wounded soul and bring positive thoughts and feelings about oneself.

# Willpower

Pyrite can help you stay strong during times when you feel your resolve and willpower are weakening. Use the sparkly pyrite stone to give positive energy to your thoughts and to make sure you do not undermine your own beliefs and desires.

# **Negative Thought Processes**

With its wonderfully vibrant colour and positive energy, this stone can help rid you of these damaging thoughts and set you on a more positive path in life

# **Auric Rebalancing**

Pyrite is a fantastic stone for rebalancing your aura if you feel things are out of key. Helping you to tune in to your emotions with clarity and address any imbalances with ease, Pyrite is a very powerful aura repairer.





### **LABRADORITE**

Labradorite is considered a tremendously spiritual stone, especially helpful for people who tend to overwork. Labradorite is considered one of the most powerful protectors. The gemstone creates a shield for auras and protects against negativity of the world. Labradorite is said to temper the negativity within ourselves as well. Labradorite is known for its changing colours, so it is no surprise this gemstone is known as a stone of transformation, enhancing strength of will and inner worth. The gemstone labradorite is said to stimulate the throat chakra.

- Labradorite is a powerful healing stone.
- It cleanses and stabilizes the aura, banishing negativity and energizing the atmosphere around you by allowing only positive energies to filter through.
- Labradorite promotes mental clarity. It assists in self-discovery, reminding you of your innate magic, awakening psychic abilities and intuition, increasing mental acuity and improving concentration.
- A stone of serenity, labradorite calms an overactive mind and energizes the imagination, bringing about new ideas.
- It helps to relieve stress and anxiety.
- Labradorite is said to help with disorders of the brain (brain fog), eyes (vision), digestive system (IBS), endocrine system (metabolism) women's health issues (PMS), immune system (allergies), respiratory system (asthma) as well as inflammation





### **FLUORITE**

Fluorite, also called Fluorspar, is usually in the form of calcium fluoride. It is a mineral, and a member of the halide family. **Fluorite** is a halide mineral with chemical formula is calcium fluoride (CaF2). Also called fluorspar. It is usually quite pure, but as much as 20 percent yttrium or cerium may replace calcium. Fluorite occurs most commonly as a glassy, many-hued vein mineral and is often associated with lead and silver ores; it also occurs in cavities, in sedimentary rocks, in pegmatites, and in hot-spring areas

#### **HEALING PROPERTIES:-**

### Feelings and Emotional Healing

Fluorite has the ability to turn any negative energy away. Hence, it eliminates any potential factor that threatens your personal relationship with the people around you. Manipulation comes in many ways. Anyone who has psychic abilities can easily penetrate someone's mind and manipulate it. However, Fluorite negates such a scenario. Fluorite crystals block anyone who tries to control the mind.

### Mind

Fluorite gives a solid sense of security to its bearer. Anyone who is troubled, anxious, confused, or down will gain from it. Your wellbeing is one of the most important aspects of your existence Fluorite helps its bearer maintain a clear mind, avoiding any incessant and hasty decisions. Your personal wellbeing involves self-assurance. With Fluorite's amazing prowess, you will have more confidence about yourself, your work, your relationship with the people around you – basically everything you do.

# **Body**

Fluorite, detox is highly enhanced. The positive vibe that the crystal emits greatly helps in clearing out all the toxicity from our body.

Other physical therapeutic effects of Fluorite help alleviate, if not prevent:

- Rheumatism
- Arthritis
- Bone-related problems

# **Spirit**

Fluorites aid in the opening of your chakras, allowing light and positive drive to prosper. They are the pinnacle of spiritual purifying crystals, physically taking away negativity from your aura and allowing positive energy to flow freely.





# **HAEMATITE**

Hematite means 'blood stone' and it is an element of iron/metal, which is why Hematite is an essential stone to work with during your spiritual journey. It's a great stone to incorporate into any root chakra work, as well. Maintaining the balance of your energies, chakras, and life. Keeping you calm and grounded. Regulating the flow of blood. Relieving you of stress and anxiety issues.

**HEALING PROPERTIES:-**

# **Feeling and Emotional Healing**

Dissolves negativity and keeps you from absorbing other people's negativity. Haematite is a powerful stone that may help with shyness, self-esteem, and survival, as well as increasing willpower and dependability and instilling confidence. It aids in the treatment of overeating, smoking, and other kinds of overindulgence, as well as compulsions and addictions.

#### Mind

Hematite keeps us grounded and safe. It strengthens our connection to the earth and provides us with a sense of safety and security. It provides us with bravery, strength, endurance, and vitality. Hematite increases attention and focus, which helps with memory and creativity. It is an excellent stone for meditation or chanting since it is a stone for the mind.

# **Body**

By repairing, strengthening, and regulating blood flow, hematite aids in the treatment of blood diseases such as anemia. It promotes normal kidney function and tissue regeneration. This supplement aids iron absorption and red blood cell formation.

# **Spirit**

Hematite eliminates negativity in all forms and is especially beneficial for grounding high vibratory levels during healing. Hematite reverts to love after being negatively transmuted. The meridians and yin yang energy are balanced by magnetic hematite.





# **UNAKITE**

Unakite stones have beautiful, patchy, and moss-like appearances which are unusual, with each stone boasting its own unique pattern. The most prominent colours that Unakite stones come in are green, olive green, pink hues and an orangey-red color. Unakite is said to be a stone of vision, opening the third eye and useful for scrying. It is also believed to be a stone of balance, grounding the self while bringing emotions and spirituality together. Among crystal healing practitioners, unakite is used to support convalescence from illness. Unakite is used in conjunction with the heart chakra first and foremost. It is a phenomenal tool for opening the heart chakra to healing and allowing love in.

# **Feelings and Emotional Healing**

This strong crystal's significance and qualities are all about assisting you in shifting your viewpoint and growing from your encounters. It encourages you to keep your wonderment and simplicity while gaining the insight you want

Unakite encourages you to create anything from whatever you encounter on your trip

### Mind

Unakite is in excellent equilibrium with the ground and delivers a constant energy supply for mending and rebirth. It promotes psychological and spiritual well-being by carefully addressing medical conditions and mental anguish. It loosens the mind by preventing sentiments of bitterness and wrath.

# **Body**

Unakite is popular among healers because of its mental and religious benefits. Nevertheless, it's considered to have physical therapeutic properties as well. It's frequently utilized to help boost ovulation and provide maternal safety throughout childbirth. Even ladies who have no intention of becoming mothers may reap some advantages. Several claims that the gemstone relieves menstrual cramps while also managing the menstrual period.

# **Spirit**

Unakite is said to vibrate with energies from other worlds. This gemstone opens portals to heavenly worlds, where messengers and guardians reside. You may access those worlds and go nearer to spirituality by adopting Unakite into your existence. It allows your soul to take flight amid its anchoring qualities.





### **TOPAZ**

One of the best-known physical properties of topaz is its hardness. It has a hardness of 8 on the Mohs hardness scale, making it the hardest silicate mineral. It also serves as the Mohs hardness scale index mineral for a hardness of 8.

- Eating Disorders: Topaz is said to help with weight loss and healthy eating habits and overcome binge-eating and bulimia nervosa.
- Circulatory\_System:\_Blood pressure. Topaz may help regulate blood pressure levels and improve circulation.
- Respiratory System: It is said that topaz can help open up the respiratory system and make it easier to breathe.
- Immune System: Topaz is said to bolster the immune system, making you less susceptible to colds, flu, and other illnesses.
- Digestive System: Topaz is said to aid in digestion and help with stomach issues like nausea, vomiting, and diarrhea.
- Inflammation: Topaz may help reduce inflammation in the joints and relieve pain associated with arthritis.
- Insomnia:Topaz is said to promote deep, restful sleep, which can help you feel more alert and well-rested during the day.





### **OPALITE**

Opalite improves communication on all levels, especially the spiritual. It removes energy blockages of the chakras and meridians. Emotionally, Opalite helps by assisting during transitions of all kinds. It engenders persistence and gives us strength in verbalising our hidden feelings. Opalite can boost a Cancer sign's ability to communicate and connect with others in multiple ways. Opalite is a trade name for man-made opalescent glass and various opal and moonstone simulants.

- 1. Opalite can help those people who have trouble sleeping or those who often have nightmares.
- 2. Opalite uplifts the mood and boosts your mental well-being.
- 3. Opalite helps in circumventing these problems because **Opalite serves as a dreamcatcher**, purifying any negative energies in the atmosphere.
- 4. Opalite also aids the heart of any illnesses.
- 5. It helps regulate heartbeat and provides a calming effect whenever you feel nervous.
- 6. It also helps in proper breathing and the proper distribution of oxygen into the body.





# **MOONSTONE**

Moonstone is a sodium potassium aluminum silicate with the chemical formula (Na,K)AlSi3O8 and belongs to the feldspar group of minerals that include microcline, orthoclase, and an orthoclase. Moonstone is a feldspar mineral with a triclinic crystal structure. It has a white to pale blue sheen on its pearly surface, which makes it very desirable in the gemstone market. It can range from clear at its best to being opaque at its worst, but is always prized for its beauty. The ancient Romans believed that moonstone was made of solidified moonbeams and was sacred to their lunar deity Luna. It is best placed on the third eye for healing purposes. This is also known as the traveller's stone, thought to give safe passage to sailors traveling across dark waters.

- Physical: Moonstone is used in crystal healing to promote weight loss and as a remedy for female hormonal problems. It is also used to cure anemia, digestive disorders, eating disorders and menstrual irregularities.
- Emotional: Moonstone is known as the gem of inner growth and strength. It is a stone that enhances your feelings and encourages fervent desires, eager expectation and heartfelt resolve. It holds within it the deep seated nature of feminine energy receptive, reflective, intuitive and mysterious.
- Spiritual: The moonstone symbolizes fertility, sensuality, intuition, emotional balance and good fortune. If you are looking for a talisman to attract what you desire into your life or bring your dreams into reality then this is the stone for you.





## **OCEAN JASPER**

Ocean jasper is the trade name for the multi-colored crystal from the Northwest coast of Madagascar, usually with spherical patterns. This stone is also called the Sea Jasper, but with a distinction. The ocean jasper is a trademark named from the original mine near Marovato. Place an Ocean Jasper sphere near your bed to bring peace to your entire bedroom. It was named there by Paul Obeniche and Eugene Mueller. They called it Ocean Jasper because it resembles the waves and ripples of water and the mine was first discovered along the shoreline, originally accessible only at low tide.

- 1. Ocean Jasper are excellent healing stones that help you if you need a lift. They help to release negative feelings to aid you to feel more optimistic.
- 2. Their energy stimulates the heart chakra, to encourage feelings of joy, happiness and elevated spirits!
- 3. These crystals aid you to communicate more positively and allow loving feelings to be expressed in what you say.
- 4. Within the solar plexus chakra they help to enhance your personal power and gain greater understanding of your own feelings.
- 5. They are strong healing crystals for you to use to assist a number of health problems, including to help fertility.
- 6. Their energy works through your throat chakra to boost loving communication





# **MALACHITE**

Malachite is a green copper carbonate mineral. It is part of the monolithic crystal system and has a silky luster. Malachite is often used as an ore of copper. It has an opaque transparency and sometimes has a patterned surface. Malachite is a rich shade of green and its meaning is transformation and positive change.

- 1. It clears and stimulates the chakras and attunes both the mind and soul to spiritual guidance.
- 2. The stone works by absorbing unwanted or negative energy. It is often placed on the body's solar plexus area and works by removing or pulling out all the accumulated negative powers, feelings, or physical barriers.
- 3. It identifies, regulates, and releases suppressed negative experiences or trauma, and provides emotional healing.
- 4. Malachite is often used to protect children from nightmares, an evil eye, or other harmful influences.
- 5. If a small piece of malachite is attached to the baby bed, it helps the baby have a quiet, sound sleep without any disturbing dreams.
- 6. Malachite healing qualities help to change your life to the better, promote new interests, encourage you to take new challenges, and even strengthen your personal life.
- 7. Malachite also reduces swelling and inflammation related to arthritis. It is also used to treat asthma, menstrual cramps, motion sickness, hypertension, vertigo, and tumors. Hence, its vibrating energy stimulates the overall immune system and helps combat different health ailments.





### **PICTURE JASPER**

Picture Jasper supports the Root Chakra, allowing us to feel secure and stable. Picture Jasper is unique in its third eye influence; it is considered a stone of intuition, foresight and tapping into ancient knowledge or just learning from our own personal experiences It balances yin and yang. Jasper clears electromagnetic and environmental pollution, including radiation. Picture Jasper gets its name from the vibrant colors which resemble a picture, or print. The mottled patterns and swirls in Picture Jasper are said to be reminiscent of natural scenes from the earth, especially landscapes.

- 1. It can help in healing the body when it suffers injury or illness. It can also hasten the recovery period after a prolonged illness or an extended stay at the hospital.
- 2. The healing energies of Picture-Jasper can bring gradual physical strength and renewed vitality.
- 3. It can also help you quit bad habits, like drinking and smoking, and make sure that you quit for good.
- 4. It can remove the toxins from your body. It can fortify your kidneys, as well as your intestines and your stomach. It can also be used to balance your body's
- 5. It balances yin and yang. Jasper clears electromagnetic and environmental pollution, including radiation.





# **SERPENTINE**

The Serpentine stones came from the word "serpent," which also correlates with its green colour. But it also represents many ancient beliefs about its qualities. **Serpentine stone, in reality, is one of the most historically used stones for detecting evil.** People believe that it also defensive against both bad luck and malicious intent – including dark magic. Serpentine is a deep green crystal made of hydrated magnesium silicate, seldom blotched or splattered, similar to a snake or serpent's skin. The crystals of the Serpentine group have comparable bodily attributes and comparable forms. Frequently, they appear as fine-grained compounds and are hard to discern in a stone.

#### **HEALING PROPERTIES:-**

### **Mental Healing**

Serpentine stone will help you overcome mental eating disorders such as bulimia, anorexia, and overeating. If you believe someone is casting negative psychic energy or even intentional spells of ill intent your way, Serpentine is a traditional curse-breaking stone. If you want to set up walls between yourself and paranormal assault while also drawing good energies towards your life, this is an excellent stone to use

## **Manifesting Prosperity**

Serpentine stone is one of the most effective stones for advancing your career. People in your profession who matter will see you in a more positive light and grow an instinctive "good feeling" towards you.

That is extremely important in almost every career field. To round out the impact of Serpentine on your career, the connection of green with money. It will offer you financial gain – may be in the form of a promotion, a raise, or a new job opportunity.

### **Relationship Healing**

Serpentine stone is an excellent stone to use when beginning a new partnership. It will keep people away who don't share your values, particularly those who would exploit you and throw you aside. At the same time, the Serpentine stone allows you to open your heart. It encourages you to try new things while still shielding yourself from any possible risks that come with it.





# **TANZANITE**

It is a member of the zoisite family, but is unique because of its striking blue/violet colour. Tanzanite is uniquely trichroic. This means that in its rough form, it radiates three different colours from each of its crystallographic axes: blue, violet and red.

#### **HEALING PROPERTIES:-**

#### **Emotional Awareness**

From enhancing your emotional intelligence to resilience, the blue-purple healing crystal can help you gain more insight into emotional reactions by tapping into the part of the brain that controls empathy.

### Wealth of Knowledge

tanzanite is empowered by Sophia, That's why holding this stone close to your chakra points also beckons knowledge about the unknown. It's great for cultivating compassion and gratitude too.

#### **Realization of Self-Worth**

One of the best healing crystals for powering your self-confidence, tanzanite is particularly useful for finding courage in yourself. It helps to boost your confidence by discovering your talents and finding belief in them.

### **Find Your Destiny**

One of the best applications of tanzanite's throat chakra powers is how it **improves your way of understanding the truth around you**. Keeping this healing stone on you can help you find your destiny and karmic past all the while taking the right decisions.

#### **Psychic Powers**

To extrapolate on the point we just talked about, tanzanite accelerates the flow of life force energy from your throat to the crown chakra and galactic chakra to imbue psychic abilities. That's how you can find powers of spirit communication, intuition, telepathy, and clairvoyance with tanzanite.

### Leadership Skills

Whether you're trying to find your purpose or foot in life, blue-purple zoisite can instill decision-making skills by rewiring your brain. It also improves your dedication, fighting skills, and strategic thinking to find truth and success too.





# **JASPER**

It sustains and supports through times of stress, and brings tranquility and wholeness. Jasper provides protection and absorbs negative energy. Jasper breaks with a smooth surface and is used for ornamentation or as a gemstone. It can be highly polished and is used for items such as vases, seals, and snuff boxes. The specific gravity of jasper is typically 2.5 to 2.9. Jaspillite is a banded-iron-formation rock that often has distinctive bands of jasper.

- 1. Their energy stimulates the heart chakra, to encourage feelings of joy, happiness and elevated spirits!
- 2. It balances yin and yang. Jasper clears electromagnetic and environmental pollution, including radiation
- 3. These crystals aid you to communicate more positively and allow loving feelings to be expressed in what you say.
- 4. Within the solar plexus chakra they help to enhance your personal power and gain greater understanding of your own feelings.
- 5. They are strong healing crystals for you to use to assist a number of health problems, including to help fertility.
- 6. Their energy works through your throat chakra to boost loving communication





## **RHODOCHROSITE**

Rhodochrosite, also known as Inca Rose Stone and Raspberry Spar, is a rare manganese carbonate mineral that is only found in a small number of locations worldwide. Rhodochrosite's focus is to heal yourself and your emotional body. This stone should serve as a daily reminder to put yourself first and take care of your well-being.

**HEALING PROPERTIES:-**

### Mind

Rhodochrosite gemstones are a fantastic way to attract new affection into your journeyy. It will calm and heal your head from whatever problems you're having, as well as take you to a level of distress bliss, particularly if you've been experiencing a mental breakdown. Many of its lesser-known abilities are the ability to clear the minds of your family or acquaintances.

# **Body**

Rhodochrosite resonates with the frequencies of love and vitality. It acts on your body, electromagnetic area, and bloodstream and is most commonly used to ease the discomfort of bug bites and repair scars. It delivers vitality into your body, which improves your general well-being and psychological health.

# **Spirit**

Rhodochrosite is well-known for its meditative-inspiring properties. It encourages the users to access doors to the realms around them. Rhodochrosite is recognized in the spirit world for helping people resolve difficulties from previous lifetimes. Rhodochrosite is a connecting motivating factor between the wearer's spirit and celestial entities as a refined healer.

# Wearing Rhodochrosite

Rhodochrosite is a lovely gemstone that may create semi-precious ornaments, sculptures, and ornamental crystals. Wearing it and having it with you will make you feel lighter and happier. It will energize you and keep you feeling more energetic and lively





# **HOWLITE**

A unique stone of transformation, Howlite has a Mohs hardness of 3-3.5 and a specific gravity of 2.6-2.7. It is translucent to opaque and has a vitreous luster. Howlite typically forms as nodules or masses within rock formations, but can also occur as geodes or in vein-like deposits. Howlite occurs as white or greyish-white nodules within veins or crack filling fractures in metamorphic rocks such as marble. It has also been found associated with kaolin deposits.

- 1. Howlite crystal has ability to calm the mind and relieve stress.
- 2. Howlite help to promote restful sleep, making it ideal for insomniacs or anyone struggling with sleeplessness.
- 3. This versatile stone is said to boost memory and concentration levels, making it useful for students or anyone who needs a little extra mental clarity in their life!
- 4. Howlite has been used traditionally in healing rituals due to its purported ability to reduce pain (both physical and emotional) something that is sure to be welcomed by anyone suffering from chronic pain or illness.
- 5. Howlite crystal benefits also extend to the spiritual realm. This stone is said to encourage attunement with higher energies and can help facilitate astral travel and out-of-body experiences.
- 6. It is also thought to aid in connection with other realms and dimensions, making it a powerful tool for those interested in exploring their spirituality more deeply.





## **LAPIZ LAZULI**

Lapis is an excellent stone for executives, journalists, and psychologists, stimulating wisdom and good judgment in the practical world. It aids intellectual analysis in archaeologists and historians, problem-solving for lawyers, and creates new ideas for inventors and writers. Lapis Lazuli is a powerful crystal for activating the higher mind and enhancing intellectual ability. Lapis Lazuli crystal therapies are primarily associated with physical ailments of the throat, revealing truth, and balancing the Throat Chakra.

- The stone for Sagittarius
- Good for Taurus, Libra, and Virgo
- Connected to the third eye chakra
- Connected to the throat chakra
- Helps with truth and self-awareness
- Encourages self-expression and bonds
- Helps with depression and insomnia
- Soothes throat and thyroid issues



